

WELCOME GUIDE

Manvers Waterfront Boat Club



PADDLESPORTS



SWIMMING



WINDSURFING



TRIATHLON



RUNNING



ANGLING



DRAGON BOATS



MODEL BOATS



WE ARE ONE OF THE BEST MULTI-SPORT CLUBS IN THE COUNTRY!

Manvers Waterfront Boat Club Ltd
The Boathouse, Station Road, Wath-upon-Dearne,
Rotherham, South Yorkshire S63 7DG
www.mwbc.org.uk



Welcome

to Manvers Waterfront Boat Club



Chris Hawkesworth
Club President

Operating 365 days a year, we are currently one of the best multi-sport clubs in the country!

Offering a wide range of activities we really do have something for everyone and look forward to welcoming you down at the lake. We currently have sections dedicated to paddlesports (canoeing, kayaking and stand-up paddle boarding), triathlon, running, dragon boating, open water swimming, angling and model boating.

The club has the use of a purpose built boathouse which is owned and operated by Manvers Lake & Dearne Valley Trust Ltd, a charitable company which looks after the lake and surrounding area. Since its formation, the club has grown rapidly to its current size of over 2000 members.

You will find us friendly and ready to help whether you be starter or expert, avid or returnee, junior or senior.

Your membership allows you to partake in any of our activities and sports at any levels. Hence in addition to trying different sports, different members of the same family can take part in different sports at the same time.

We always keep your safety and security in mind and try to operate all our activities to the highest ethical and professional standards for your and our peace of mind.

Over the following pages we hope that you will find all of the information you need to make the very most out of your membership. We look forward to seeing you soon!

Chris Hawkesworth

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Manvers Lake & Dearne Valley Trust.
Registered Charity - No. 1150159.

Manvers Lake & Dearne Valley Trust Ltd. is a company limited by guarantee and not having a share capital, registered in England & Wales, Company Number 07521620.
Registered Office: The Boathouse, Station Road, Wath-upon-Deerne, Rotherham, South Yorkshire S63 7DC

How the club operates

The club is run by a team of skilled volunteers who provide a range of activities for members - which is why we can keep the price so low!

Each discipline has its own dedicated facebook page upon which sessions will be posted weekly once the availability of our volunteer coaches is known - links to book on the sessions via our booking portal 'WebCollect' will be displayed. Don't have facebook? It's not a problem, you can book on direct via our portal at [WebCollect](#)

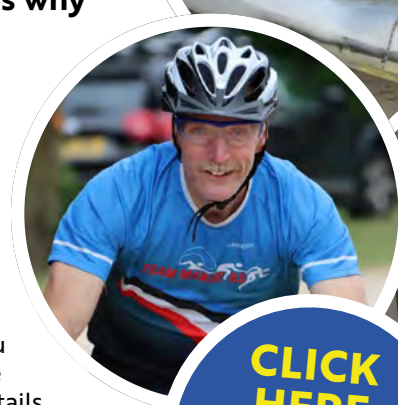
WebCollect is where you purchased your initial membership. This is where you can maintain your membership e.g. to renew your membership and to book onto a session. Once you have joined you will need to book onto a session every time you wish to participate (currently, this does not apply to model boating). See page 5 for details on how to do this.



Gavin King
Club Support Officer

We have a dedicated 'Club Support Officer' who will be able to help you with any general queries and offer guidance where needed. You can contact him via email at info@mwbc.org.uk. In addition to this each discipline has a 'Section Leader' who can help with sport specific queries.

In this guide you will find further information on each sport, contact details for the leader and links to the relevant facebook groups and web pages. Please also follow this link to read our [club rules](#).



CLICK HERE
to check
out the club's
website



CLICK HERE
TO VIEW OUR
WEBCAM!





PADDLESPORTS



SWIMMING



WINDSURFING



TRIATHLON



RUNNING



ANGLING



DRAGON BOATS



MODEL BOATS

What your membership covers

Your annual membership fee allows you to access all sections of the club, both water and land based

Session spaces are allocated on a first come first serve basis. There may be restriction to numbers due to equipment availability or coaching ratios.

SPECIAL SESSIONS

Different sections also hold special sessions throughout the year such as the Halloween Paddle and the End of Season Twilight Swim which are always great fun!



Halloween Paddle

End of season Twilight Swim



How to book onto your sessions

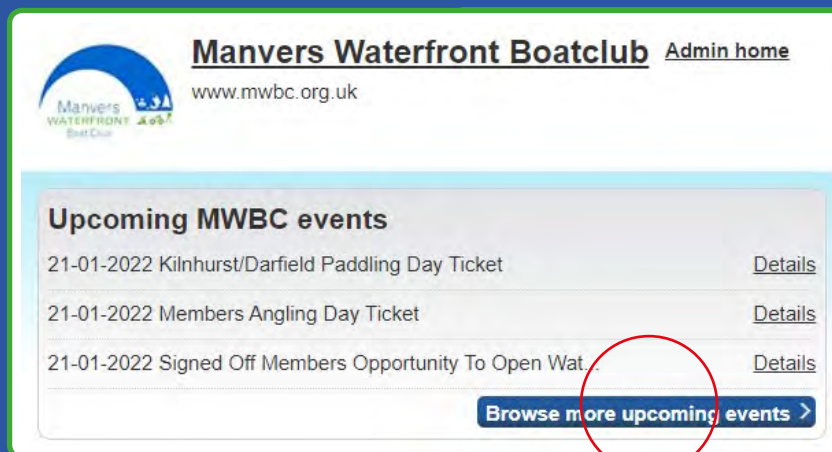
You need to book onto every session you attend via 'WebCollect'. This can be accessed via the link below or from our website at www.mwbc.org.uk

WebCollect



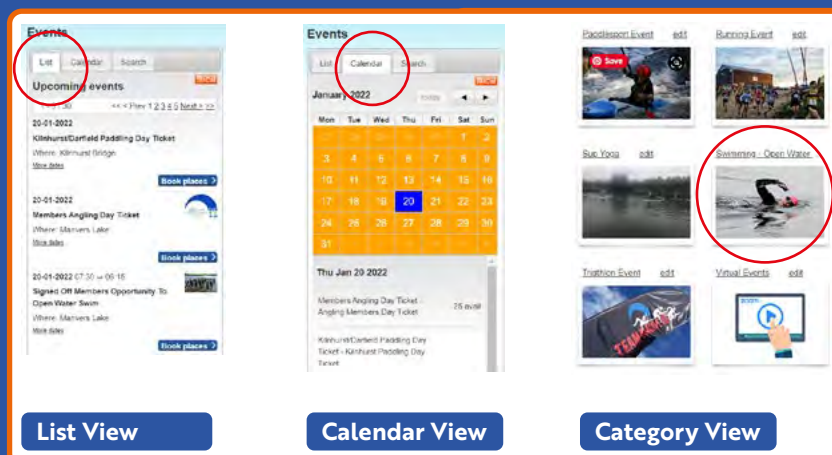
1. Sign in

It is important that you sign in as otherwise you won't have access to all of the available sessions.



2. Browse

This page is where you will find the details of your subscription, where you can renew your annual subscription and see what sessions you have booked. Importantly, this is where you can click to browse the upcoming sessions in order to book on.



3. Select your activity

You can search for the activity you wish to book in several ways.

- Via the list view which is on the right hand side of the page. This will show every session available
- Via the calendar view: select your chosen date and all sessions available for that particular day will appear
- Via the category image which is towards the bottom of the page. This will narrow the list and calendar view down so that you only see the sessions available for the sport you have chosen.

continued

Location: Marvers Lake
Contact: Phil Heaton

Step 1 - Select dates - [show dates in past](#)

Description	Date	Places available	Bookings	Book places
Angling Members Day Ticket	20-01-2022	25		<input type="checkbox"/>
Angling Members Day Ticket	21-01-2022	25		<input type="checkbox"/>
Angling Members Day Ticket	22-01-2022	24	show	<input type="checkbox"/>

Step 2 - Select type

Type	Price
Angling Members Day Ticket	£0
Angling Killnurst (Don Bridge) Non Member	£5

[Add to basket](#)

4. Add to basket

Once you have clicked 'Book places' on the previous step you can select your date, type and 'Add to basket'.

My basket

Product	Price
Members Angling Day Ticket - Angling Members Day Ticket 20-01-2022 (Angling Members Day Ticket)	£0
Total	£0

[Admin checkout](#) [Checkout](#)

5. Checkout

Don't forget to checkout to secure your booking!

That's everything completed, you should now be booked onto your session.

You will receive confirmation of your booking via email so do please check this has come through - if nothing has arrived you may not have completed the booking procedure. Please also check your junk/spam email box for a webcollect.org.uk email address as it maybe in there.

If you need to cancel your session then please email the section leader to let them know (WebCollect will not allow you to cancel it yourself). All of the email addresses are on the following pages for the different activities.





Paddlesports

We have an extremely active paddlesport section offering kayaking, canoeing and stand-up paddle boarding (SUP). Manvers Lake is the ideal venue for newcomers to try the sport and to learn the fundamental skills in a safe environment.

ABOUT

We have a wide range of craft available for members to use on any of our sessions including sit-in and sit-on kayaks, open canoes and stand-up paddleboards. All of our paddlesport sessions are supervised by experienced British Canoeing qualified coaches and instructors.

Now that you have become a member you are allowed to paddle in the designated 'general paddle' area. If you wish to advance your paddling from this area you then book onto an introduction with an instructor or coach. We use British Canoeing 'Start', 'Discover' and 'Explore Awards' to progress you through your personal paddling journey. We encourage all members to come onto one of further paddling courses.

If you have your own equipment, once the instructors are happy you are competent then you can then use the lake outside of club sessions on our 'Paddle for exercise' sessions which are every weekday 9:00am - 16:00pm, Saturdays 13:00am - 16:00pm and Sundays 10:00am - 4:00pm.

WHEN

The club aims to run regular club paddlesport sessions on the days and times below:

Saturday: 10.00am - 13.00pm

Tuesday evening: 18.00pm - 20.00pm (mid April to mid September)

Thursday evening: 18.00pm - 20.00pm (mid April to mid September)

These sessions are where any coached sessions and new paddler Start Awards are held.

Please Note: Everything at the club is run by volunteers. Coached sessions are run by volunteer instructors who give up their time for free, so are subject to their availability.

FURTHER INFORMATION

We also aim to run regular trips away from the lake catering for all tastes and abilities. All club trips are led by qualified and experienced coaches, instructors and activity assistants.

SECTION LEADERS

Yvonne Merrills-White

On-site Co-ordinator

Jane Burren

Progression Co-ordinator

Bob Mawson

Off-site Co-ordinator



Yvonne



Jane



Bob

CONTACT EMAIL

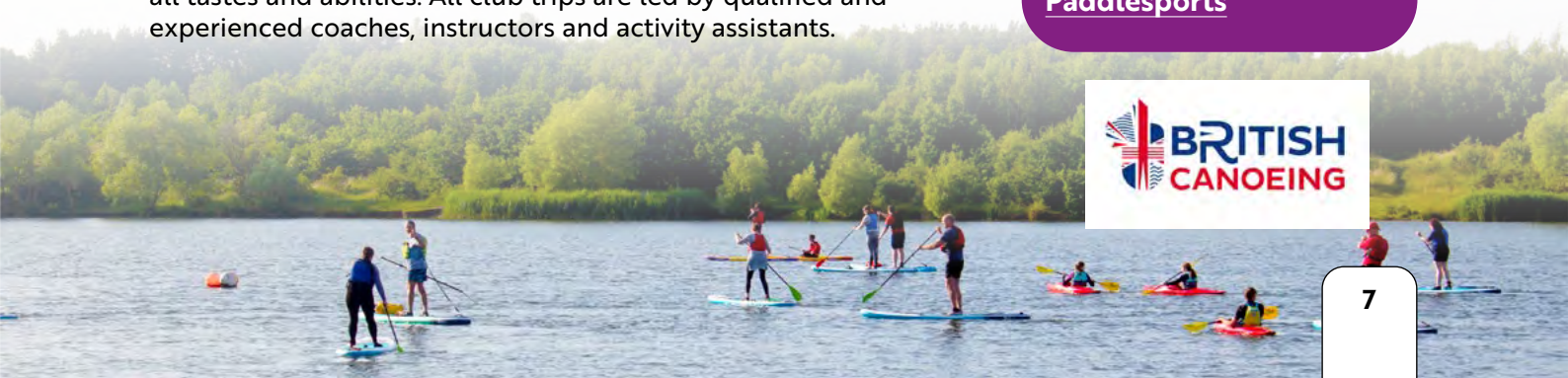
Paddlesports

FACEBOOK LINK

[Manvers Paddlesport Section](#)

WEBSITE LINK

[Paddlesports](#)





Open Water Swimming

Why not join us for some wild swimming? Open water swimming has some fabulous benefits. Not only is it good for your physical and mental health, it can be a great thrill if carried out in a safe, fun and responsible way.

ABOUT

Manvers has some of the best facilities in the country for open water swimming. We have clean clear water all year round, showers and changing facilities, slipway access to the water and a clearly marked swim course.

WHEN

We have sessions every morning 365 days a year, although the timings vary slightly according to the time of year. The summer season generally runs from mid April to September depending on water temperature and conditions. More experienced swimmers continue to swim at Manvers Lake all year round.

Summer Season Only

Lifeguarded "Open to all" sessions: Wednesday evening and Saturday morning.

"Assessed" Members Only sessions: Monday to Sunday mornings and Wednesday and Friday evenings.

See webcollect swim bookings page for session times, details, guidance and session rules

<https://webcollect.org.uk/mwbc/category/swimming-event>

RULES

For safety reasons you will need to complete an induction* and be assessed before being allowed to swim on the daily sessions

Please wear a brightly coloured swim hat for all sessions and wetsuits must be worn for the evening sessions.

* Please note: There is a small charge for these.

SECTION LEADER
Mark Toller



CONTACT EMAIL
Open Water Swimming

FACEBOOK LINK
[Manvers Open Water Swim Section](#)

WEBSITE LINK
[Open Water Swimming](#)





Life Saving

Lifesaving is one of the only activities that delivers both the physical and mental benefits of sport and physical activity whilst at the same time providing a skill for life that both enriches and could save lives.

ABOUT

Manvers Lifesaving is based at Manvers lake in the summer and Wath-upon-Dearne Leisure Centre Pool during the winter. Our aim is to teach first aid, personal survival and rescue skills to children from 8 years and older. The club is an affiliate of the Royal Life Saving Society (RLSS) and teaches the society's Rookie lifeguard and National Lifesaving Academy awards. We are also a Children's University learning destination and can sign off passports when children attend a session. For older members, we can also sign Duke of Edinburgh awards.

WHEN

During the summer months, sessions run on *select* Wednesday evenings and Saturday mornings. These are a mix of water and classroom based (Manvers Lake Boathouse) sessions.

During Winter sessions are held on Sunday afternoons at Wath Leisure Centre.

Wednesday evenings (alternate): 17.00pm - 18.00pm (summer season)

Saturday mornings (alternate): 9.00am - 10.00am (summer season)

Sunday afternoons*: 16.15pm - 17.00pm (winter season)

RULES

Children must be able to swim at least one length in a good style without swim aids to attend. Please wear a brightly coloured swim hat and wetsuit for all sessions.

** Please note: There is a small charge for these.*

SECTION LEADER
Kim Kilner



CONTACT EMAIL
kim.kilner@mwbc.org.uk

FACEBOOK LINK
[Manvers Life Saving](#)

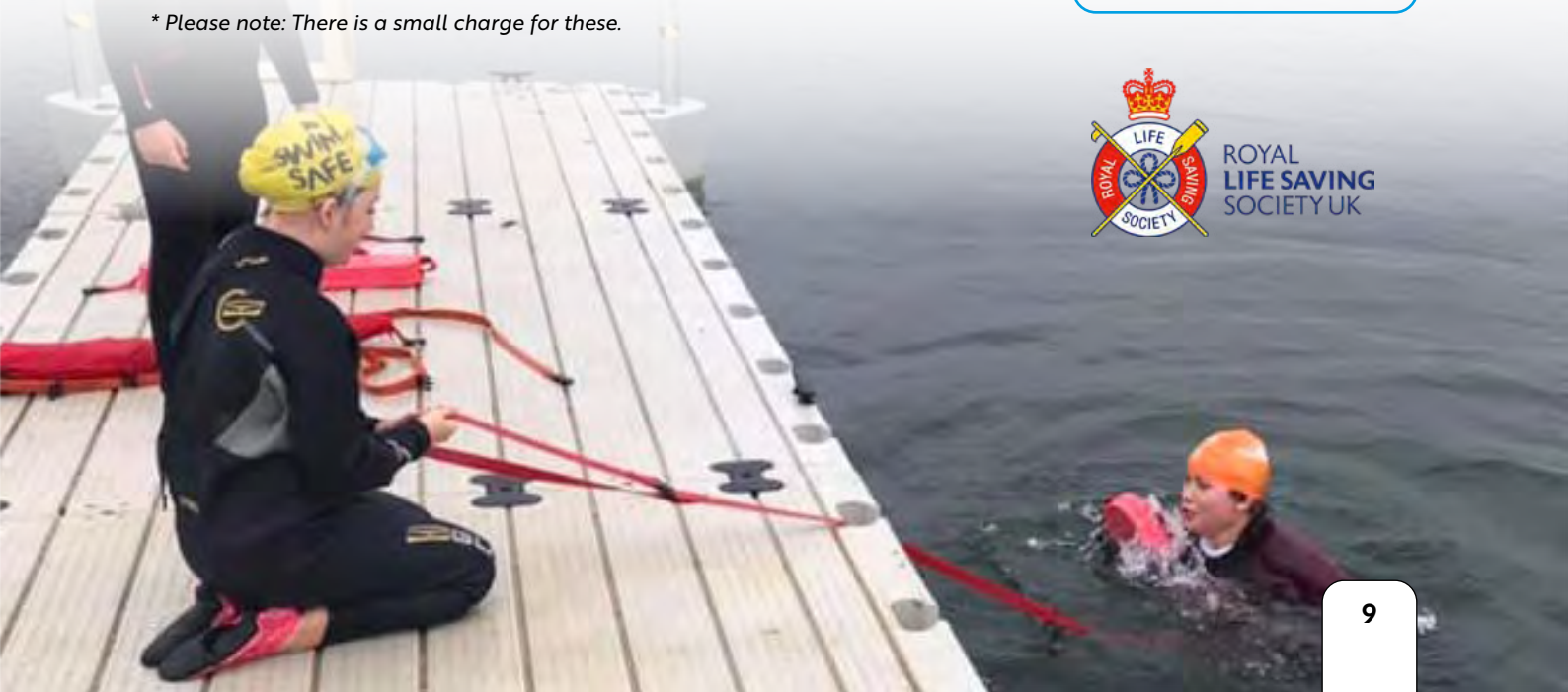
WEBSITE LINK
[Life Saving](#)



[CLICK HERE TO VIEW
OUR LATEST WATER
QUALITY READINGS](#)



ROYAL
LIFE SAVING
SOCIETY UK





Running

Just grab a pair of trainers and go! Running burns calories, builds muscle, busts stress, and boosts your heart health. Join our warm and welcoming running section who will accommodate all levels and abilities.

ABOUT

From beginners to ultra marathon runners, or those who want to just run socially and make new friends, we cover it all. We regularly enter events 5k park runs, 10k charity events, 1/2 marathons even up to Ultra marathons all over the country. We also offer Couch to 5k beginner courses when there is sufficient demand. We also have the Trans Pennine trail for running off road and cross country running.

Our EA Coaches and Run Leaders will help you get the most out of your running journey.

WHEN

As a club we have at least 4 main run sessions per week. We also run coached sessions, which is for runners of all abilities and alternates between various locations.

Monday night: 6.00pm Beginners run, any ability. See WebCollect

Tuesday night: Various times available. See WebCollect

Thursday night: 6pm - see Manvers Runners Facebook page for details

Saturday morning: 9am - see Manvers Runners Facebook page for details

FURTHER INFORMATION

Running speed is not something we worry about, hence we do coached sessions to help you with this. "No one gets left behind" is one of our core values.



SECTION LEADER



CONTACT EMAIL

[Running](#)

FACEBOOK LINK

[Manvers Runners](#)

WEBSITE LINK

[Running](#)





Cycling

Cycling is great for fitness, legs and mind! As well as all of the benefits that physical exercise brings, cycling within a group broadens your social circle too.

ABOUT

Here at Manvers we have a very friendly, supportive group. We offer various cycling sessions aimed at all abilities both on and occasionally off road. We also have cycle track sessions and TT sessions each month in the summer and turbo sessions in the winter. We have something for everyone - beginner sessions aptly named new and nervous and sessions for experienced riders to develop their skills and road craft.

WHEN

Track sessions - see Facebook and book on webcollect. Various ad hoc sessions maybe available depending on coach availability.

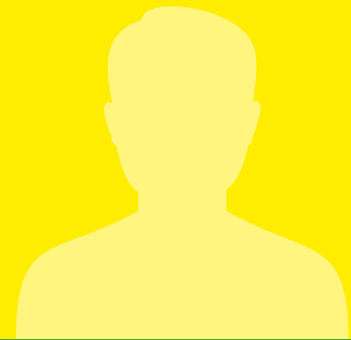
Thursday night: 6.30pm see Facebook and book on WebCollect

Sunday morning: 9.00am see Facebook and book on WebCollect

FURTHER INFORMATION

Pop along for a chat or email the section lead with any questions.

SECTION LEADER



CONTACT EMAIL

[Tri](#)

FACEBOOK LINKS

[Manvers Cycling Section](#)

WEBSITE LINK

[Cycling](#)





TRIATHLON

Triathlon

Triathlon is a multi-discipline sport consisting of swimming, cycling and running. It is a great sport to keep active and all 3 elements keep training fun and varied too.

ABOUT

We are all about multisports at Team Manvers (our competitive name). Our aim is to help you achieve your Triathlon goals. Along with our own open water swim venue we also have access to a 5k cross country loop around the lake.

As well as sessions listed on the Swim, Run and Bike page we offer specific race training with:- brick sessions, virtual races, bike track sessions, strength and conditioning to get you ready for your event. Go on you know you want to give it a Tri!

Coaching is done by fully qualified BTF coaches and activators who will help you get the best out of your swimming biking, running and of course, the forth discipline, transition. Due to the location of the club and it's facilities we are also able to offer coached full "sprint triathlon distance" training early on Sunday mornings from 7am, this can involve a swim, a bike and a run.

WHEN

Swimming: See Open Water Swimming (page 8). We have sessions every morning 365 days a year.

Running: See Running (page 9). We run several times a week at various distances and aimed at all abilities and have coached interval sessions each week.

Cycling: See Cycling (page 10). We have various sessions available for all abilities.

FURTHER INFORMATION

We provide coaching and training for all no matter your age, ability, speed or distance. From just wanting to have a go all the way to full Ironman.

SECTION LEADER
Wayne Hubery



CONTACT EMAIL
[Tri](mailto:Tri@manversrunners.co.uk)

FACEBOOK LINKS
[Manvers Runners](https://www.facebook.com/ManversRunners)

WEBSITE LINK
[Triathlon](https://www.britishtriathlon.com)





Angling

Time spent outdoors is calming and relaxing. Every angler remembers their first catch. Just look at the way their eyes light up when they talk about it.

ABOUT

Manvers lake is fast becoming a specimen water and has a healthy stock of quality carp to over 30lbs, bream over 13lbs, tench over 10lbs (a rarity for a Yorkshire water), roach over 2lbs, perch nudging 4lbs and large pike. There's also the odd surprise brown trout, the best caught to date being over 8lbs and a number of years ago a small head of crucian carp were introduced, which have been steadily growing on.

To compliment the lake fishing we have now acquired for members 3 river stretches of angling water:

- 1.5 km of River Don at Kilnhurst
- 1.5 km River Dearne at Darfield
- 3km of River Dearne to the rear [North] of Manvers Lake

WHEN

All sessions must be booked on via WebCollect.

365 days a year: Day and night fishing allowed.

FURTHER INFORMATION

No fishing is allowed from the rocks on the beach to the bridge at the boathouse between 8.00am and 8.00pm. All anglers are reminded to carry a valid Environment Agency (EA) rod licence(s) that cover the number of rods you are using. Please follow the link below to see our official [Angling Rules](#)

SECTION LEADER
Thomas Hill



CONTACT EMAIL
[Angling](#)

FACEBOOK LINK
[Official Angling Section](#)

WEBSITE LINK
[Angling](#)





Dragon Boating

Dragon Boat Racing is a competitive sport, it is a whole-body workout that builds strength, stamina, and endurance. Whether you are looking to improve your strength and fitness, push your limits, meet new people, try something new and fun, any, or all the above, THIS is the sport for you!

ABOUT

We are always looking for new members to be part of the club. We offer recreational and beginner sessions, training alongside our current members. Come along to one of our sessions and get involved with the dragons!

Our own team at MWBC is called 'Team Manvers Dragons' which was created in July 2019 and entered their first British Dragon Boat Racing Association (BDA) league events later in the summer. We are currently ranked 3rd in the National League (Open category)!

WHEN

Our typical training takes place on the following days but times do vary throughout winter. Each training session usually lasts for approximately 2 hours.

Thursdays: 5.30pm - 7.30pm

Sundays: 9:30am - 12.00pm

FURTHER INFORMATION

Please contact us for further information, we are now in training for 2023 National League events.

SECTION LEADER
Trevor Coldron



CONTACT EMAIL
Dragon Boating

FACEBOOK LINK
[Team Manvers Dragons](https://www.facebook.com/TeamManversDragons)

WEBSITE LINK
Dragon Boating





MODEL BOATS

Model Boats

Manvers Waterfront Boat Club has a small but active model boating section. Sailing takes place most Wednesday, Saturday and Sunday mornings and into the early afternoon - weather permitting.

ABOUT

Types of models sailed include yachts, scale, steam and fast electrics - tunnel hull, Vs, and hydroplanes. There is a wealth of experience and knowledge in most facets of modelling.

No matter if you are experienced or a new starter, come on down and have a look. We welcome new members, young and not so young!

WHEN

Come along and meet members, view the range of models on display and talk about your interests. Members are always willing to help.

Wednesday: 9.00am - 5.00pm

Saturday: 9.00am - 5.00pm

Sunday: 9.00am - 5.00pm

FURTHER INFORMATION

Please don't hesitate to contact us if you have any questions, we will be glad to help.

SECTION LEADER
Stephen Perkins



CONTACT EMAIL
Model Boating

FACEBOOK LINK
[Manvers Waterfront Boat Club](#)

WEBSITE LINK
[Model Boating](#)





Photography

Photography adds so much value to our lives – by recording special events, people, and places, while also helping us learn and grow as people.

ABOUT

Our group here at Manvers is friendly and open to all ages and all abilities. There is something for everyone, be it beginners or experienced photographers, all are catered for, with a monthly learning element and workshops planned around the monthly topic. Come along and enjoy a photography workshop in a relaxed friendly environment with like-minded people.

We are photographers who like to learn, improve, and share our skills and experiences with others while having some fun along the way. So, come along and take those first steps on your personal, supported photography journey, everyone is welcomed.

WHEN

Each month we feature a different monthly topic. Details of the month ahead can be found on the booking page in WebCollect.

Friday evenings: 6:00pm - 8:00pm

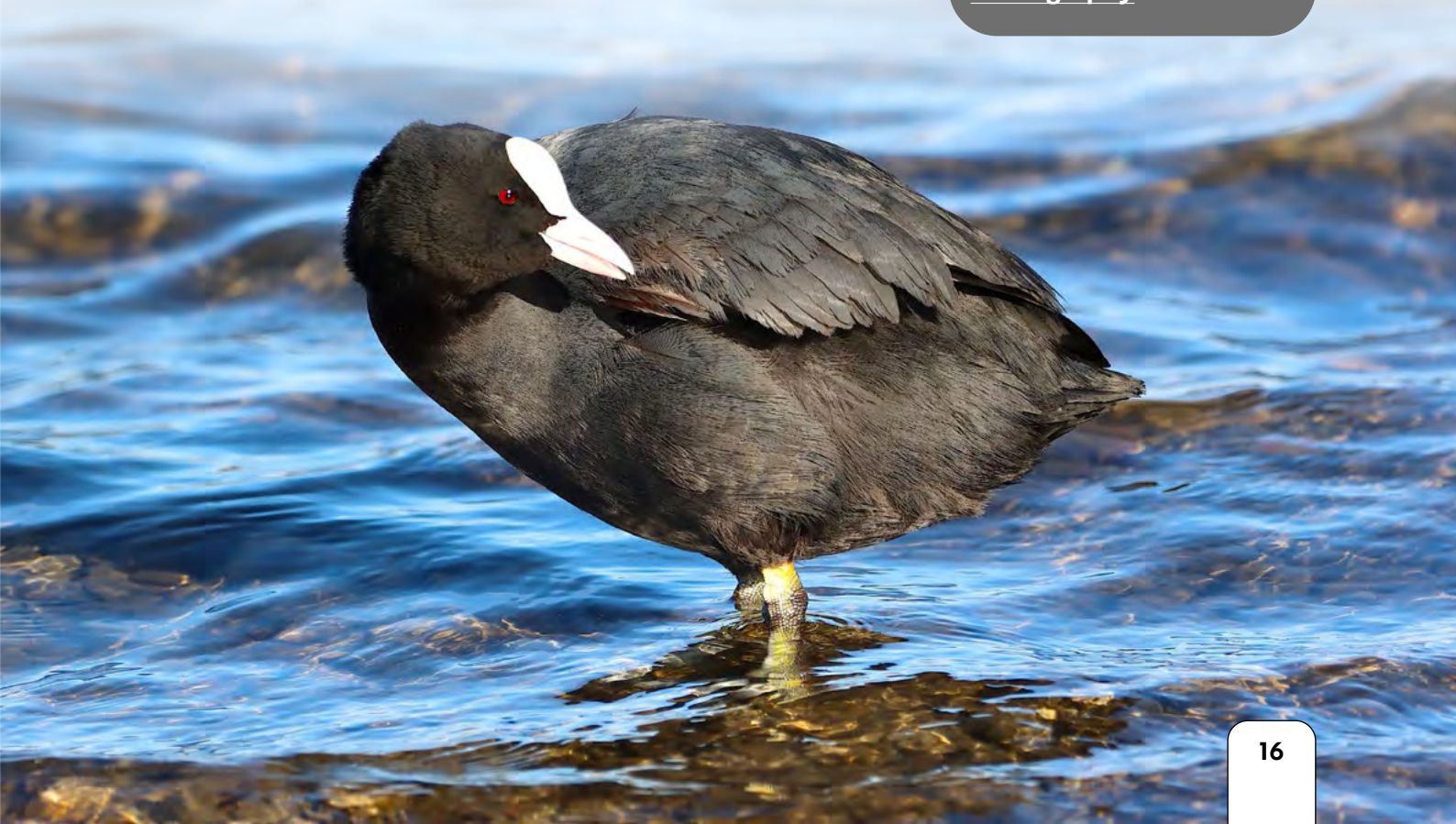
SECTION LEADER
Julia Williams



CONTACT EMAIL
[Photography](#)

FACEBOOK LINK
[Manvers Lake Photographic Community](#)

WEBSITE LINK
[Photography](#)





Newfoundlands

Newfoundland excel at water rescue/lifesaving because of their muscular build, thick double coat, webbed paws, and swimming abilities.

ABOUT

The group is all about working our Newfoundland's focusing on their natural abilities, these being, Water Rescue, Hauling Carts and Obedience, we occasionally practice Nose Work and Man-Trailing. Our aim is to encourage working with your dog, building, and enhancing your bond, as well as preserving the working traits of the breed. Socialising our dogs is as equally important, so we attend meet and greets with our Newfs, introducing them to members of the public and receiving many cuddles!

WHEN

We hold training sessions almost every Sunday, except for adverse weather conditions or for group activities such as water demonstrations, group holiday and/or water/draught test weekends. Water season usually begins March/early April and ends September/Early October. Draught season (hauling carts, obedience, nose work, man-trailing) begins October and ends March/early April.

Sundays: 10:00am - See Webcollect for details

SECTION LEADER
Nicola Wheeler



CONTACT EMAIL
Newfoundlands

FACEBOOK LINK
[Manvers Lake
Newfoundland Dogs](https://www.facebook.com/ManversLakeNewfoundlandDogs)

WEBSITE LINK
[Newfoundland Dogs](https://www.newfoundland-dogs.co.uk)



Manvers Lake Café

Brew with a view!



We have a great little takeaway café on-site which offers a selection of drinks and snacks

Whatever the season we have it covered. From hot drinks and bacon sandwiches to icecreams and juice, whatever the weather we can keep you fed and hydrated. Our specialities are homemade cakes and soups, all delicious and homemade on the premises.

Opening Times

Our opening hours vary, depending on the time of year but we are open 7 days a week. Updated opening times can be located on our [facebook page](#).



Support Us



Manvers Lake & Dearne Valley Trust was formed in 2011 to look after Manvers Lake and the surrounding area, including managing the Boathouse and it's facilities. We are always striving to improve these facilities and are currently working towards completing the upstairs floor of the boathouse. Any donations help fund and subsidise many of our community activities.

Registered Charity
No. 1150159

You can support us in several ways - please click on the link below for further information.

[Click here](#)

Artists impression





How to find us

Manvers Waterfront Boat Club Ltd
 The Boathouse, Station Road
 Wath-upon-Deerne, Rotherham
 South Yorkshire S63 7DC

Tel: 01709 878984

www.mwbc.org.uk

Sat Nav
 Postcode:
S63 7BU



Manvers Lake

We have a great circular walk around the lake which is approximately 2km if you fancy a stroll round inbetween races.

Explore our parkland, take in the scenery and enjoy the wildlife.

Private Coaching

No matter if you are a complete beginner or you have prior experience and wish to improve your technique, we can take your skills to the next level.

These one-to-one sessions will be tailored to your specific needs and led by one of our fully qualified instructors.

Book Online

Everything can be booked online or scan our QR code, it's as simple as that:
www.manverslaketrust.simplybook.it

Please note:

Private coaching is not included in your membership. Adults only.

STAND-UP PADDLEBOARDING

KAYAKING

CANOEING

SWIMMING

CYCLING

RUNNING

TRIATHLON

QUADRATHLON



Scan the QR code to book online

See our website for more information

www.manverslaketrust.co.uk | manverslaketrust.simplybook.it

Manvers Lake
& Dearne Valley Trust

Team Building & Corporate Days

Say 'thank you' to your team for their hard work by booking an action packed Team Building Day.

Or perhaps you are looking for a great way to get your team working together in a completely new environment, or looking to reward your loyal clients, we can tailor a session for you.

We have a great team of coaches that are highly qualified, experienced and have a passion for teaching and outdoor sports.

Whether it be a half or full day, we have something for every budget.

Contact us for further information at info@manverslaketrust.co.uk

RAFT BUILDING

CANOEING / KAYAKING

STAND-UP PADDLEBOARDING

DRAGON BOATING

GEOCACHING



See our website for more information

www.manverslaketrust.co.uk


Manvers Lake
& Dearne Valley Trust

Rooms to Hire

Are you looking for a venue to host your next meeting / training session / fitness class?

With 2 different sized rooms available, situated at the side of our lake they are in a perfect spot for relaxation before your meeting and throughout breaks.

Large Room

Our large room which can be laid out to suit your business requirements or group needs, whether it be for meetings, seminars, training courses, functions or a fitness class.

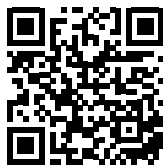
Lake View Boardroom

Lake View Boardroom

This room facing our lake is configured in a board room style for approx. 15 people. The room has a 65" 4k monitor which can be connected by a HDMI cable and Wifi.

Large Room

Buffet example



Scan the QR code to book online

LAKESIDE LOCATION

LARGE MONITOR

WIFI

ELECTRIC CAR CHARGING FACILITY

DRINKS & BUFFET AVAILABLE



Manvers Waterfront Boat Club Ltd
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