























THRIVING MULTI-SPORT CLUB

FOR THE LOCAL COMMUNITY









## Activities we can offer

We are a friendly, family orientated club offering a wide range of activities, there really is something for everyone.

#### **PADDLESPORTS**



We have an extremely active paddlesport section offering kayaking, canoeing and stand-up paddle boarding (SUP). In addition to sessions facilities at Manyers make at Manvers Lake we run regular trips away from the lake and offer opportunities for both recreational and competitive paddlers. We welcome new paddlers of all abilities from beginner to expert.



## Why not join us now?

It's really simple and can all be done on our website or by scanning our QR code www.mwbc.org.uk

#### **OPEN WATER SWIMMING**



Open water swimming is one of the fastest growing sports in the country. The clean water and great it a first class venue for anyone who wants to swim for fitness, train for an event or just give it a try. We offer lifeguarded open sessions, courses and coaching. plus a safe and welcoming environment.



#### TRIATHLON & **OUADRATHLON**



**Members of Team Manvers** regularly compete in

#### WINDSURFING / SAILING



Windsurfing equipment is available to experienced members of the club.

The club also has two **Topper Topaz dinghies** which are easy to set up and to sail and can be used by competent sailors.

Triathlon (swim/bike/run) and Quadrathlon (swim/ kayak/bike/run) events around the country. The club also hosts both Triathlon and Ouadrathlon events at Manvers Lake. The club is affiliated to Triathlon England and the British

Quadrathlon Association.

**F** TeamManvers

#### RUNNING



Manyers is home to a large and extremely active social running section, with a programme of regular runs from the lake suitable for all levels from beginner to expert. Members of the section frequently take part in running events away from the lake, from a few kilometres up to full and ultra marathons.



#### **ANGLING**



Our Lake is home to a great variety of fish species, namely roach, perch, pike, bream, tench, carp and brown trout. Coarse anglers and specimen hunters alike favour the deeper areas, as ledgering is a favoured tactic for carp, tench and bream. Water depths can vary between a couple of feet to twenty plus.

**Manvers** Angling

#### **DRAGON BOATS**



We have our own team at MWBC called 'Team Manvers Dragons who regularly race across the country in British Dragon **Boat Racing Association** (BDA) league events. The club holds regular training sessions all year round. New team members are always welcome - no previous experience is required.

**ManversDragons** 

#### **MODEL BOATING**



We have a small but active model boating section. Types of models sailed include yachts, scale, steam and fast electrics - tunnel hull, Vs, and hydroplanes. There is a wealth of experience and knowledge in most facets of modelling. Come on down and have a look

#### **PHOTOGRAPHY**



Our group here at Manyers is friendly and open to all ages and all abilities. There is something for everyone, be it beginners or experienced photographers, all are catered for with a monthly learning element and workshops planned around the monthly topic.

**manverslake** photographygroup

#### **NEWFOUNDLANDS**



The group is all about working our Newfoundland's focusing on their natural abilities, these being. Water Rescue, Hauling Carts and Obedience. We occasionally practice Nose Work and Man-Trailing. Our aim is to encourage working with your dog, building, and enhancing your bond. as well as preserving the working traits of the breed.

**ManversLake Newfoundland Dogs** 

# How the club operates

The club is run by a team of skilled volunteers who provide a range of activities for members - which is why we can keep the price so low!

Each discipline has it's own dedicated facebook page upon which sessions will be posted weekly, once the availability of the volunteer coaches is known - everything is booked online. Don't have facebook? It's not a problem, you can book on via our portal at www.webcollect.org.uk/mwbc

#### **FACILITIES**

An ideal venue we have excellent water quality and great facilities. The club has the use of a purpose built boathouse with changing rooms, showers and even an on-site café!

"We pride ourselves on being a friendly and inclusive club. New members are always welcome - whatever their level of expertise and experience. We hope to see you soon."

### ANNUAL MEMBERSHIP\*

Membership runs for a full 12 months from the date of joining.

Club members can take part in any of the activities of the club and use equipment during 'standard club sessions' at no extra cost. See our website for session days and times.

To join online scan the qr code on the cover or visit: www.mwbc.org.uk/ membership.html

Family\*\*

£130pa

Adult

£85pa

Junior (U18)

£35pa

Over 80's

**FREE** 

\*01/03/24-01/03/25 season

\*\*Family membership includes up to 2 adults and 3 children.



#### **Manvers Waterfront Boat Club Ltd**

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